

Waxing - Using Cirepil Wax

Eyebrow	€10
Lip	€8
Chin	€8
Underarm	€10
½ Leg	€15
Full Leg	€25
Bikini Line	€15

Tinting

Eyebrow	€5
Eyelash	€10

Lashes

Strip	€10
Individual	€15
Two Week Lashes	€20

Make Up

Including Cleanse & Tone	€25
Plus Lashes	€35

Tanning

½ Body	€15
Full Body	€25

Retail Products Also Available

Stand Up Sun Bed

1 Minute	€1
60 Minute Pack	€45
90 Minute Pack	€60

Sauna & Steam Room

1 Hour	€5
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Hydrotherapy Bath

1 Session	€30
4 Sessions	€100

Nails

Nail, File & Paint	€10
French Polish	€15
Manicure	€30
Pedicure	€35

Elèni Treatment List

Facials

Elèni products combine an in-depth knowledge of science derived and quality natural ingredients, they are passionate about how they choose these ensuring balance between therapeutic benefit, sustainability and ethical practice in sourcing them.

Youth Revival Treatment (35Min) €35

Hydrate & Nourish Treatment (45Min) €45

Problem Skin Treatment (45Min) €50

Turn Back Time Treatment (90 Min) €75

Phyts Treatment List

Facials

Multivita (90Min) €85

The ultimate facial for anyone in search of radiance & glow. Skin is left deeply hydrated, firmed, & oxygenated; integrating vitamins & mineral zinc this is a highly regenerative treatment with visible anti-aging effects. Can be used for all ages

Anti Comedone (60Min) €55

Specifically to tackle problematic skin with blackheads, excess oil & acne. Copper in these Phyt's products neutralises bacterial activity. blackheads are easily released from skin. Camphor & mint calm the skin, when bathed in a mask at the end of the facial, which will relieve the skin of any redness.

Phyt's Body Treatments

Exfoliation

Body Satin Organic (30Min) €40
Comprised of Guerande sea-salt, the blood is stimulated therefore improving oxygenation & glow of the skin. It gently lifts dead skin cells leaving your body silky soft. The skin is enveloped & nourished for hours after the treatment

Balance of the Back (45Min) €50
Designed for backs with imperfections, skin eruptions & blackheads. It balances sebaceous glands to calm & heal any continuous problem. Camphor & Neroli balance, while hazelnut & sunflower hydrate to allow removal of blockages. A natural antiseptic & healer is used after extraction.

Softness of the Back (45Min) €50
A gentle exfoliation & relaxing massage to loosen the body, free up tension & clear the mind.

Massage

30 Minute Massage	€35
Full Body	€60

Zen Organic Massage

60 Minute	€75
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Opening Hours

Thursday 9.30am – 6pm
Friday 9.30am – 6pm
Saturday 9.30am – 4pm

**After hours appointments
available by prior booking**

Gift Vouchers Available

Private Parties Catered For

Bridal Packages

Hen Party Packages

**Contact The Spa for More
Information**

052 744 3444

087 394 9066

Every Week We Update our Special offers on
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Keep an eye out for our Monthly Competitions
to avail of a FREE treatment

Deal of the Month

Any 3 for €20

Choose From

Eyelash tint

Eyebrow Wax & Shape

Eyebrow Tint

Lip Wax

Chin Wax

Underarm Wax

6 Minute Sunbed Session



CAHIR HOUSE SPA

